

This is Ms. Susan from the Shorewood Public Library. We know it is "back to school" time for most of you and your friends. That can leave you with many different feelings-good and not-so-good. Just know you are not an alien! All those different feelings are OK! You are unique and special. So put your feelings on paper and decorate a monster in the silliest design and the most outrageous colors.



1-Take a piece of paper and fold it in half on the long side. With the opening on the bottom, write your name across the full length. It may be easier to write the first letter on the left and then the last letter of your name on the right-end of the page. This way, you will be sure to make enough space for each letter. Now draw a line around the bottom of the letters and cut out on this line.

2- Open the paper and flip to the back side to reveal your true alien. Now, color and decorate your monster with crayons, markers, paper, or paint. Use ribbon, yarn, or paper for crazy hair or antennae. Roll the paper or ribbon around a pencil to make wild curls.

3-Cut a long piece of cardboard, fold it in half. Cut slits in each side to make a stand for your alien. When you are feeling monstrous, put your alien out on the table or desk and turn your frown into a smile! Everything will be ok!

Be well and happy-exploring possibility! -Ms. Susan